

## SHAC Meeting Agenda

Date: February 24, 2022 Time: 2:30pm

Location: zoom

Present: Treva Johnson, Mona Cooper, Monica Adamian, Susan Argenti, Laura Rheault, Andrew Romburger, John Concelman, Sam McGinnis, Patsy Fisher, Ruby Jones, Sashine Davis, Kerry Barbera, Anna Priester, Lakeisha Brown, Tiffany Brown, Lillian Pinto

### School Health Advisory Council: Our Charge

*A School Health Advisory Council (SHAC) is required by  
NC State Board of Education Healthy Active Children Policy (HRS-E-000)  
and CMS Student Wellness Policy and Regulation (JL, JL-R).*

Responsibility #1: Work in conjunction with CMS leadership to plan, implement and monitor compliance with CMS Policy JL – Student Wellness and other CMS policies, regulations, and programs related to health and wellness.

Responsibility #2: Review CMS annual progress report related to compliance with Policy JL.

Responsibility #3: Develop resources for staff, students, and parents about CMS health policies and regulations that impact student mental and physical health.

Responsibility #4: Promote student-centered programs intended to positively impact health, wellness and safety.

### Agenda Items

### Notes

Welcome

Welcome and Introductions

Atrium Health Virtual Clinics (Patsy Fisher/Sam McGinnis)

Pilot virtual community health clinics for students and staff at Hidden Valley, MLK and Renaissance West.  
Referrals from school nurse  
Telepresenter connects the student/staff to a provider on site.  
Insurance and Medicaid billed

5<sup>th</sup> Grade Health Education discussion (Andrew Romburger/Lillian Pinto)

Continued discussion around 5<sup>th</sup> grade Reproductive Health curriculum focuses on Puberty Education.

- Different districts have managed this differently and there is not a right or wrong way.
- Some districts have policies that require the lessons to be delivered separate or combined.
- Best practices are around students receiving the essential standards regardless of separate or combined classes

Pros for Combined classes –removes stigma and mystery for all students, helps students communicate with each other around the topics, help with building healthy relationships later, ensuring they all receive the same information at the same time, tend to behave more maturely (anecdotally), transgender/non-binary or questioning students do not have to choose a gender, easier to schedule instruction in one class

Cons of combined classes-need to respond to concerns from parents and/or staff, students may be less inclined to ask questions than in smaller or separated groups, anxiety if topic is new and may not absorb the information

	Link to our 5th grade RHASE lessons: <a href="https://drive.google.com/drive/folders/0B7oQ8CmuJT0edk12cmR3RHlicWs?resourcekey=0-3Da4k4ztOZZgje44iqKXRw&amp;usp=sharing">https://drive.google.com/drive/folders/0B7oQ8CmuJT0edk12cmR3RHlicWs?resourcekey=0-3Da4k4ztOZZgje44iqKXRw&amp;usp=sharing</a>
Updates/ Announcements:	-school board approved mask optional change to policy starting March 7 -DPI is requesting help with School Health Profile surveys to be completed by selected schools
Next meeting	<ul style="list-style-type: none"><li>• NEXT MEETING April 21 2022 2:30.</li></ul>

**Thank You!**